

Monica Heilman

Indiana University
Ballantine Hall 740
1020 E Kirkwood Ave
Bloomington, IN 47405
mlheilma@iu.edu

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Education

Ph.D. *In Progress, Anticipated 2025*

Sociology, Indiana University Bloomington

Dissertation: “The Role of Whiteness in Multiracial Identity”

Committee: Dina Okamoto, Jessica Calarco, Jennifer C. Lee, Hyeyoung Kwon, Sylvia Martinez

Ph.D. Minor: Social Science Research Methods (qualitative focus)

Qualifying exam: Race and Ethnicity

M.A. Sociology, Indiana University Bloomington 2020

Thesis: “Intentional Inconsistencies: How Multiracial Individuals Craft ‘Racial Elevator Speeches’ to Mitigate Racial Microaggressions”

Committee: Jessica Calarco, Dina Okamoto

B.A. University of Denver, Sociology (with Honors), Art, *Magna Cum Laude* 2014

Research Interests

Race and Ethnicity, Multiraciality, Identity, Social Psychology, Social Inequality, Family, Education, Qualitative Methodology, Arts-based Research

Publications

Heilman, Monica. 2022. “The Racial Elevator Speech: How Multiracial Individuals Respond to Racial Identity Inquiries.” *Sociology of Race and Ethnicity* 8(3):370–85.

Heilman, Monica and Jessica Calarco. 2022. “Home is Where it Happens: A Visual Essay on Pandemic Parenting for Employed Mothers.” *Visual Studies* 38(3–4):571–74.

Heilman, Monica. 2020. “Halmoni” and “Paternal Grandmother.” *Journal of Asian American Studies* 23(3):319–321.

Other Publications

Osili, Una, [et al. including Monica Heilman] 2021. “Everyday Donors of Color: Diverse Philanthropy During Times of Change.” *Lilly Family School of Philanthropy*. (Report)

Papers In Progress

Heilman, Monica and Lisa Martinez. “Racial Reminders and References: Interactions that Shape Racial Identity Prominence for Multiracial Individuals.” (*manuscript available upon request*)

Heilman, Monica. “Whiteness as a Wage, Tax, and Moral Identity for Multiracial Young Adults.” (*manuscript available upon request*)
*NSCA Seidler Graduate Paper Competition Award

Li, Pei-Jung and Monica Heilman. “Reimagining Research: Applying Creative Inquiry to Represent the Experiences of Asian International and Multiracial Students.”

Heilman, Monica. “Analyzing with Art: Sketching as Visual Memos.”

Heilman, Monica. “An Arts-Based Analysis of Whiteness within Multiracial Identity.”

Osili, Una, [et al. including Monica Heilman] “Understanding Latinx Philanthropy.”

Fellowships, Grants, & Honors

2023	President’s Diversity Dissertation Fellowship, University Graduate School, Indiana University
2023	P.E.O. Scholar Award, International Chapter of P.E.O. Sisterhood
2023	Lindesmith-Mullins Fellowship, Department of Sociology, Indiana University
2019, 22-23	Conference Travel Grant, Department of Sociology, Indiana University
2022	Graduate & Professional Student Government Research Award, Indiana University
2021	Graduate Student Research Grant, Center for Research on Race and Ethnicity in Society, Indiana University
2021	Asian American Studies Graduate Research Grant, Asian American Studies Program, Indiana University
2021	Ford Foundation Predoctoral Fellowship, Honorable Mention
2021	Midwest Sociological Society Student Participation Grant
2021	Lindesmith Fellowship, Department of Sociology, Indiana University
2020	Asian American Studies Creativity Showcase Winner, College of Arts and Sciences, Indiana University
2018-20	Graduate Fellowship, College of Arts and Sciences, Indiana University
2019	Midwest Sociological Society Travel Grant
2018	Anna L. Homquest Fellowship, Department of Sociology, Indiana University
2014-16	Fulbright English Teaching Assistantship Grant
2013-14	PinS (Partners in Scholarship) Grant, University of Denver
2014	Wilbert E. Moore Award for Outstanding Scholarship, Department of Sociology, University of Denver
2010-14	Provost Scholar, University of Denver

Research Experience

Graduate Research Assistant, Center for Research on Race and Ethnicity in Society, Indiana University, January 2019-2023

- Managed communications through weekly email newsletters and social media accounts
- Created public-facing resources and maintained Center website
- Planned, promoted, and facilitated Center events
- Supervised undergraduate interns

Graduate Research Assistant, Lilly Family School of Philanthropy, February 2021-June 2022

- Projects: 1) Everyday Donors of Color, 2) Declining Donors, 3) Understanding Latinx Philanthropy
- Analyzed focus group data through coding and thematic analysis
- Produced focus group summary reports
- Collaboratively wrote and edited final research briefs and reports

Graduate Research Assistant, Pandemic Parenting Study, January-December 2021

- Conducted virtual interviews (Zoom) with parents of young children study conducted by Dr. Jessica Calarco

Research Assistant, Perceptions of High School Bullying in US and South Korea, June 2019-January 2020

- Developed and distributed a multinational survey distributed through a Qualtrics survey in the U.S. and the Korea Academic Multimode Open Survey (KAMOS) in South Korea with Dr. John Kennedy
- Preliminary results and methodology were presented at the Asian Network for Public Opinion Research (ANPOR) Annual Conference in the session: “Multinational Survey Research and Survey Experiments: A Small Step,” Chiang Mai, Thailand, Nov. 2019

Graduate Research Assistant, Social Networks and Parenting Study, Indiana University, May-August 2019

- Conducted and transcribed interviews, recruited participants, and engaged in preliminary data analysis with Dr. Jessica Calarco

Research Assistant, Art Collectors as Reflections of the Fine Arts Field, Indiana University, September 2018 - April 2019

- Conducted preliminary coding and analysis of interviews with art collectors with Dr. Fabio Rojas

Teaching Experience

Instructor of record, Indiana University, Groups Scholars Program, Office of the Vice President for Diversity, Equity and Inclusion, 2023

- S101 Social Problems and Policies: Racism as a Social Problem (Summer 2023)
 - Introductory, in-person class of 45
 - Taught first-generation and underrepresented incoming first-year students

- Responsible for developing curriculum, lecture material, managing learning management system (Canvas), office hours, and grading

Instructor of record, Indiana University, Sociology Department, 2020-2021

- S335 Race and Ethnic Relations (Fall 2020, Summer 2021)
 - Upper-level online classes of 45 to 55 students
 - Responsible for developing curriculum, lecture material, managing learning management system (Canvas), office hours, and grading

Teaching Assistant, Indiana University, Sociology Department, 2018-2020

- S335 Race and Ethnic Relations (Fall 2018, 2019)
- S325 Criminology (Spring 2019)
- S101 Social Problems and Policies: Medicine in America (Spring 2020)
 - In-person classes of 70-80 students
 - Responsible for grading, facilitating class-wide and small group discussions, and individual instruction as needed

Fulbright English Teaching Assistantship, Fulbright Korean-American Educational Commission, South Korea, 2014-2016

- Taught English to over 1,800 high school students in classes of 25 to 42 students
- Developed both original lesson plans and textbook-based lessons
- Planned and taught after-school classes for advanced students, English club activities & weekly adult English classes for teachers.

Conference Presentations

2024	“An Arts-Based Analysis of Whiteness within Multiracial Identity,” Critical Mixed Race Studies Conference, Columbus, OH. (<i>upcoming, June 13-15</i>)
2024	“Wages of Whiteness? Multiracial Young Adults’ Experiences of Whiteness as a Contingent Status, Wage, and Tax,” North Central Sociological Association Annual Meeting, Columbus, OH.
2023	“Becoming White? The Role of Whiteness in Multiracial Identity,” American Sociological Association Annual Meeting, Philadelphia, PA.
2022	“Exploring the Possibilities of Arts-Based Research,” North Central Sociological Association Annual Meeting. Indianapolis, IN.
2021	“Racial Reminders and References: How Multiracial Individuals Construct Racial Identity through Interactions,” American Sociological Association Annual Meeting (virtual).
2021	“Intentional Inconsistencies: How Multiracial Individuals Craft ‘Racial Elevator Speeches’ to Mitigate Racial Microaggressions,” Midwest Sociological Society Annual Meeting (virtual).

- 2020 “How Multiracial Individuals Use ‘Racial Elevator Speeches’ to Field Inquiries about Race,” American Sociological Association. (*Session cancelled due to COVID-19*)
- 2019 “Reminders and References: How Others’ Racial Appraisals Shape Multiracial Identities,” Researching the Margins Qualitative Research Symposium, Indiana University, Bloomington, IN.
- 2019 “Linguistic Shortcuts and Self-Preservation: How Multiracial Individuals Use ‘Racial Elevator Speeches’ to Field Inquiries about Race,” Researching the Margins Qualitative Research Symposium, Indiana University, Bloomington, IN.
- 2019 “What Are You? Lived vs. Learned Multiracial Identities,” CRRES Graduate Student Research Symposium, Indiana University, Bloomington, IN.
- 2019 “The Relationship between Racial Ancestry and Multiracial Identity” (with Ben Hartmann), Midwest Sociological Society Annual Meeting, Chicago, IL.
- 2019 “What Are You? Lived vs. Learned Racial Identity among Multiracial Asians,” Asian American Research Symposium, Indiana University, Bloomington, IN.

Invited Presentations & Guest Lectures

- 2024 “The Racial Elevator Speech” in Asian American Experience, Department of American Studies, University of Notre Dame.
- 2023 “Panel in Arts, Activism, and Research” (with Vivek Vellanki, Shazia Akhtar, and Pei-Jung Li), Asian Culture Center, Indiana University, Bloomington, IN.
- 2023 “The Racial Elevator Speech” in Qualitative Research Methods, Pitzer College.
- 2022 “Asian American Identity, Activism, and Civic Engagement” workshop at Asian Culture Center “Retracing Our Roots” Annual Retreat. Martinsville, IN.
- 2022 “Visual Methodologies and Arts-Based Research” (with Javier Cardona Otero and Darshana Devarajan), School of Education, Indiana University, Bloomington, IN.
- 2022 “Let’s talk about mentoring: roundtable with graduate students and recent graduates” (with Dr. Jennifer Park and Dr. Lekeah Durden), Graduate Mentoring Center, Indiana University, Bloomington, IN.
- 2020 “Race, Representation, and Art” (with Terri Francis and Vivek Vellanki), Center for Research on Race and Ethnicity Coffee Hour, Indiana University, Bloomington, IN.
- 2020 “An Open Letter to Faculty Teaching Graduate Courses,” Asian American Studies and the College Office for Diversity and Inclusion Community Conversation Hour: COVID-19 and Asian American Racism, Indiana University, Bloomington, IN.

- 2020 “Academic Personal Websites and Web Presence for Sociologists” Workshop (with Jessica Calarco and Rashawn Ray), Indiana University, Bloomington, IN.
- 2019 “Visual Voices: Using Art Activism for Self-Care and Social Change,” Workshop at the Indiana Asian American Conference, Indiana University, Bloomington, IN.

Service

- 2018-current Asian American Studies Graduate Advisory Board, College of Arts and Sciences, Indiana University
- 2018-2023 Center for Research on Race and Ethnicity in Society Research Symposium Planning Committee, Indiana University
- 2020-2022 Diversity, Equity, and Inclusion Committee, Department of Sociology, Indiana University
- 2019-2020 Preparing Future Faculty Conference Planning Committee, College of Arts and Sciences, Indiana University
- 2019-2020 Interpreting Inequality Conference Planning Committee, Department of Sociology and Center for Research on Race and Ethnicity in Society, Indiana University
- 2018-2019 Race Workshop Organizer, Department of Sociology, Indiana University

Manuscript Reviewer

Social Forces, Social Problems, Visual Studies

Professional Affiliations

Alpha Kappa Delta
 Alpha Lambda Delta
 American Sociological Association
 Section on Asia and Asian America
 Section on Education
 Section on Racial and Ethnic Minorities
 Section on Social Psychology
 Center for Research on Race and Ethnicity in Society, Indiana University
 Critical Mixed Race Studies Association
 Hoosier Asian American Power
 Phi Beta Kappa (inducted as junior)
 National Mortar Board, Kedros Chapter
 National Society of Collegiate Scholars
 North Central Sociological Association